

Referral Information

Why refer to The Fluency Trust Course?

Our courses are evidence based and have been running for over 20 years. We have collected outcomes that reflect positive changes for young people as a result of attending one of our courses. Details are available on request.

An independent audit showed positive changes in confidence, willingness to communicate, control of stammering and reduced sensitivity to stammering.

The Swindon Fluency Service was rated as 'Outstanding' in a 2017 CQC inspection (Care Quality Commission) for services for young people who stammer.

Why groups?

Group therapy for this age range has been found to be effective.

Reference:- *Laiho.A Klippi.A*

International Journal of Language and Communication Disorders (2007)
Long and Short Term results of children's and adolescents therapy courses for stuttering

Our residential courses are specifically designed to address the developmental changes of young people. The course encourages independence, development of a positive self image and a positive future focus. The group environment provides the best opportunities for developing relationships, learning from others as well as supporting others and preventing feelings of isolation.

Why a specialist service?

Group therapy is cost effective. Group participants receive over 30 hours of group therapy with Speech and Language Therapists who specialise in working in fluency disorders. A detailed report following the course supports the referring therapist with future management of the case. Some students who attend do not need ongoing therapy in their local area.

Our courses remain cost effective, due to the support of The Fluency Trust Charity funding the transport and outdoor pursuit aspect of the course. Combining speech and language therapy and outdoor adventure activities increases positive outcomes, in confidence and self-esteem.

How do I refer to The Fluency Trust course?

The courses run annually, details of next available dates and referral information can be found on our website, please visit

www.thefluencytrust.org.uk

The Speech Therapy cost of the course is in the region of £350. The Fluency Trust Charity funds the remaining costs. Details of who will be funding the Speech and Language Therapy input needs to be completed on the form.

Who can fund the course?

Speech and Language Therapists will need to speak with their manager to agree NHS funding. If you are unable to secure NHS funding consider the following possibilities;

- Self funding
- The young person's school
- Grants via the Local Authority
- Local charities
- Youth schemes
- Fundraising/ sponsorship (sponsorship form is included)

Website: www.thefluencytrust.org.uk